<u>Hello and welcome to Thermal Imaging at All About Herbs.</u>

Thermal Imaging is:

*Non Invasive
*No Radiation is Emitted
*Painless
*FDA Cleared

EXAM PROCEDURE

Preparation for your scan is simple but critical to the accuracy of the results. Please be advised failure to follow these simple guidelines will require us to reschedule your appointment and FEES WILL APPLY if we are unable to proceed with your originally scheduled time slot.

BEFORE THE EXAM

*Fill out the required forms online and submit payment

*Avoid strong sunlight exposure the day of and sunburn in the days preceding your appointment

*No massage, chiropractic adjustments, acupuncture, physical therapy, infra-red saunas the day of your scan

*Avoid the application of creams, liniments, oils, or lotions, including but not limited to perfume and cologne

*No smoking for a minimum of 2 hours prior to your scan

*No vigorous exercise 2 hours prior to your scan.

*Remove all jewelry and earrings

*Long hair should be worn up

*It is very important to wear loose fitting clothing. The thermography scan ill be delayed until irritation marks in the skin caused by tightly fitting garments have dissipated.

*Deodorant and make up ARE permitted

AT THE CLINIC

Arrive a few minutes early to your appointment. Your body will take some time to adjust to the temperature of the clinic. After signing in with the receptionist, you will be given a gown to change into as you will be disrobing down to your underwear. Speedo type undergarments or thongs are appropriate for both men and women. You will meet your thermographer who will explain and demonstrate the required views and positions necessary for your scan. Thermal images are then taken of either the whole body or just the regions of interest. Neurological testing can include a cold stress test which simply involves placing a hand or foot in a cool bowl of water or having a gel pad applied to any part of the body.

You are welcome to bring a friend, partner or spouse into the imaging room for the scan.